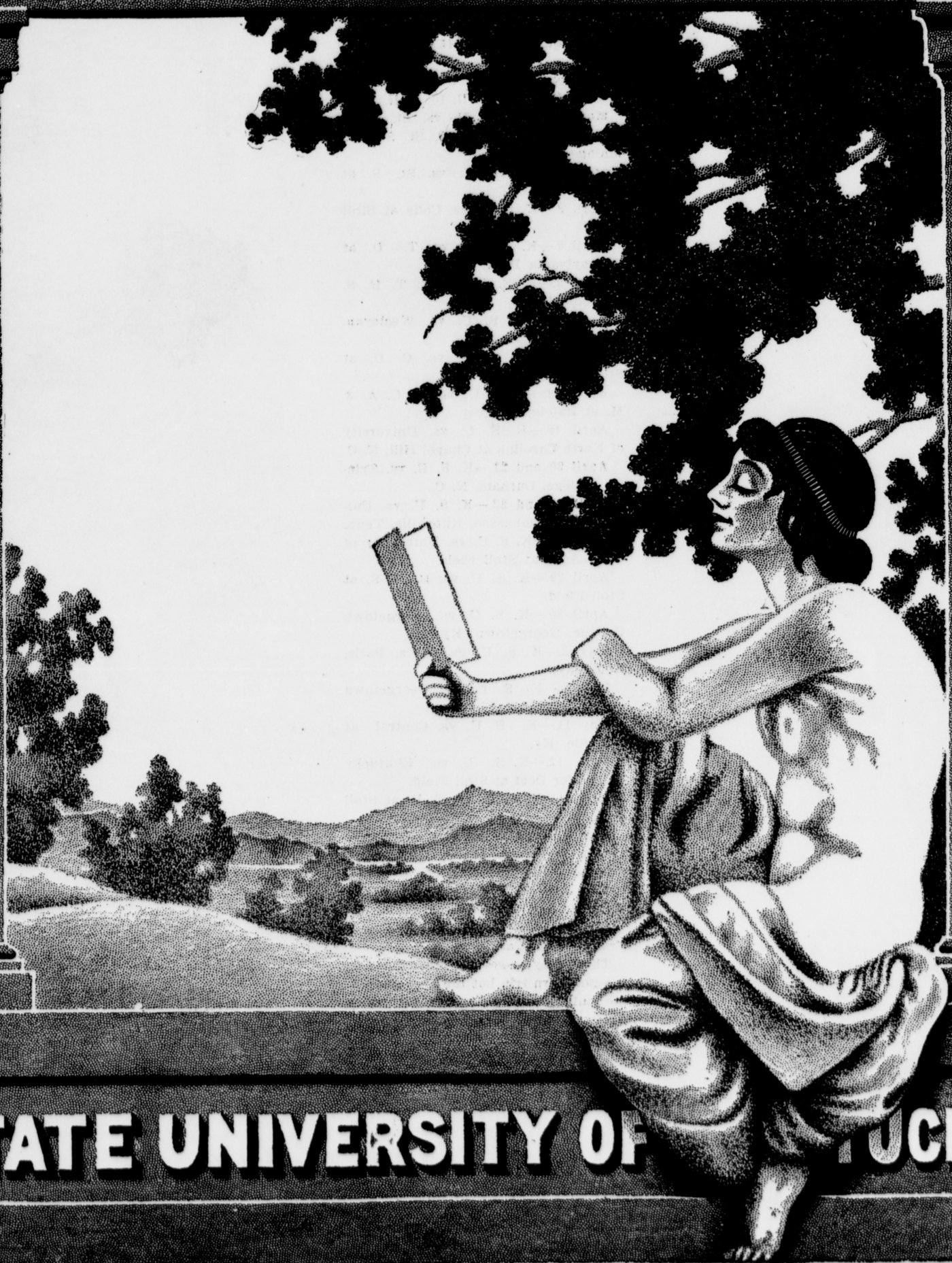


# THE IDEA



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#### BASE BALL SCHEDULE.

March 19—K. S. U. vs. L. H. S.  
at Stoll Field—K. S. U. 10, L. H. S., 3.  
March 23.—K. S. U. vs. St. S. at  
Stoll Field—K. S. U. 12, St. S. 0—5  
innings.  
March 30.—K. S. U. vs. St. S. at  
Stoll Field.  
April 8.—K. S. U. vs. Colts at Stoll  
Field.  
April 6.—K. S. U. vs. T. U. at  
Transylvania Park.  
April 9.—K. S. U. vs. M. T. H. S.  
at Louisville.  
April 13.—K. S. U. vs. Wesleyan,  
Winchester.  
April 16—K. S. U. vs. C. U. at  
Stoll Field.  
April 18.—K. S. U. vs. N. C. A. &  
M. at Raleigh N. C.  
April 19.—K. S. U. vs. University  
of North Carolina at Chapel Hill, N. C.  
April 20 and 21.—K. S. U. vs. Trin-  
ity College, Durham, N. C.  
April 22 and 23.—K. S. U. vs. Uni-  
versity of Tennessee, Knoxville, Tenn.  
April 27.—K. S. U. vs. University of  
Cincinnati, at Stoll Field.  
April 29.—K. S. U. vs. M. H. S. at  
Stoll Field.  
April 30.—K. S. U. vs. Georgetown  
College, Georgetown, Ky.  
May 2.—K. S. U. vs. Paris, Paris,  
Kentucky.  
May 7.—K. S. U. vs. Georgetown  
College, at Stoll Field.  
May 11.—K. S. U. vs. Central at  
Danville, Ky.  
May 12.—K. S. U. vs. Kentucky  
School for Deaf at Stoll Field.  
May 21.—K. S. U. vs. T. U. at Stoll  
Field.  
K. S. U. vs. DePauw at Stoll Field.  
May 25.—K. S. U. vs. Georgetown  
College at Georgetown, Ky.  
May 28.—K. S. U. vs. Central at  
Stoll Field.  
May 31.—K. S. U. vs. T. U. at  
Transylvania Park.  
There may be several other dates on  
the Southern trip but the above sched-  
ule only gives the games for which  
contracts have been signed.



THE  
IDEA SYNDICATE  
IS GUILTY OF  
THIS  
PUBLICATION

# THE IDEA

—OF—  
University of Kentucky

ALL VISITORS  
WITH A GROUCH  
WILL PLEASE  
CALL AT THE  
EDITOR'S OFFICE  
IN PATAGONIA

Vol. II.

LEXINGTON, KY., MAY 26, 1910

No. 36

## S. U. WINS

### DE PAUW DEFEATED IN TEN- INNING CONTEST, GAME FAST AND CLOSE.

With two men out and Burress on second in the tenth inning last Wednesday in the game with De Pauw, Captain Giltner sent a hot grounder to short, which Bryant, the Hoosier shortstop, threw bad to first, bad enough to make "Spot" safe and to let Burress score the winning run. It was a hard game to lose, especially since Hardin pitched masterly ball, allowing State's sluggers only three widely scattered hits and striking out eight men, but the best team won and if "Capt." Giltner's men put up that article of ball with Georgetown and Central, the championship is assured undoubtedly.

De Pauw had the strongest team seen on Stoll field this season and our team's return to form pleased the large crowd mighty well. Johnson starred in the field for State. When Harmon, the second man up in the fifth, hit to deep short, it was labeled a hit, but Johnson by fast fielding scooped it up, and by a perfect peg to first retired his man. Meadows knocked down a hard drive off of Collins' bat in the fourth and easily retired the runner. Meadows pitched his first collegiate game this year and showed by his work in the box that although he is shifted from one position to another, he can pitch the tallest kind of ball whenever called upon.

De Pauw secured their first tally in the third. Meadows hit the first man up, Harmon, then Crout sacrificed him to second and he scored on Burress' error of Adams' grounder. They again crossed the plate in the sixth. After Johnson had flied out to Scotty,

Continued on Page 7.

And Yet How Close the Relation Between  
A Cap and Gown  
and  
A Cap and Bells.

### IDEA STAFF NEXT YEAR.

#### MR. OBED E. BAIRD IS TO BE EDITOR-IN-CHIEF.

According to the new constitution adopted by the student body, the Idea governing board met last week and elected the officers and staff of the Idea for next year. Mr. Obed Elmo Baird, a Junior in the Educational College, from Utica, Ky., was chosen editor-in-chief for the year of 1910 and 1911.

Mr. Sprig Case Ebbert, of Covington, a Junior Mechanical, was elected business manager for next year.

The assistant editor will be Mr. R. W. Tinsley, a Sophomore Mechanical, and the assistant business manager will be Mr. F. L. Marx of the Sophomore class.

The business manager is directed by the board to select such assistants as he will need, such as advertising manager, circulating manager, etc., before the end of the school year, subject to the approval of the governing board.

To be sure that all departments are represented on the staff next year, the board elected a representative from each department to serve on the staff. Mr. W. C. Duncan was elected from the Mechanical department, Mr. Ben Collins from the Civil Department, Mr. W. H. Townsend from the Law department, Mr. A. C. Ball from the Agricultural department, Mr. William Theising from the Mining department, and Mr. J. F. Bruner from the Department of Arts and Science.

### SENIORS NOTICE.

This is to notify all Seniors that there will be a class meeting Friday, the 27th, at 12 o'clock in the Y. M. C. A. room. There is important and final business to be transacted, and arrangements for commencement are to be agreed upon.

Each individual Senior should pay his class dues to the treasurer at once in order that the class may have money to defray the expenses of Class Day and the Senior Ball.

The caps and gowns have arrived and can be secured at the University Book Store. The baccalaureate sermon will be preached Sunday at the First Presbyterian Church by President Tigert of Kentucky Wesleyan College. It is the custom for faculty and seniors to march in a body from Patterson Hall and appear in caps and gowns.

The young ladies who will take charge of the social department next year are: Miss Mattie Cary, Junior class; Miss Alice Cary Williams, Junior class; Miss Addie Dean, Sophomore class; and Miss Mariam Taylor, Freshman class.

The editor-in-chief is directed by the board to choose ten other male members of the staff before the end of the school year.

As the train neared the city, the colored porter approached the jovial-faced gentleman, saying, with a smile:

"Shall ah brush yo' off, sah?"

"No," he replied, "I prefer to get off in the usual manner."—Princeton Tiger.

### OFFICERS NAMED.

The following appointments of officers for the battalion next year have been recommended by the colonel and approved by President White:

Major—A. B. Phister.

Capt. and Adj. —A. J. Thaxton.

Capt. & Qtm.—A. B. Haswell.

Captains—J. D. McMurtrey, J. O. Flowers, R. W. Tinsley, L. C. Hardesty.

First Lieutenants—W. H. Ammerman, A. T. Ramsey, J. F. Tarpley, J. T. Fuller.

Second Lieutenants—Schimpel-er, E. F., Watkins, G. C.

First Sergeants—D. D. Felix, C. H. D. Osborn, J. W. Kunzman, C. B. Wilson.

Color Sergt.—J. F. Hall.

Sergt.-Major—Palmore, H. D.

Om. Sergt.—Compton, R. R.

Drum Major—Collins, W.

The colonel has chosen this staff after careful consideration, and has gotten the best men for the places to be gotten. Mr. Phister will be a Senior Mechanical next year, and will make the best major the battalion has ever had. Mr. Phister knows military and knows how to use it. He has a good voice, and above all he is popular with the members of the battalion.

All the other officers are good soldiers and the battalion next year will certainly be a good one. Judge Barker has already said that he wanted the battalion to go on a camp next year, and the colonel speaks very highly of Lieutenant Hugh Kelley, who will be commandant next year, and so the future of military at State seems very bright indeed.

A newly made horse thief

Dangling from a tree,

In whispers hoarse he muttered,

"This suspense is killing me."—Ex.

Cadet Hop, June 2, Armory, 3:30



## THE IDEA

Published every Thursday by THE IDEA SYNDICATE of the State University of Kentucky for the benefit of the students, the faculty and the alumnae of that institution.

Not full of tiresome technicalities, but of real interesting University news. The object of the syndicate is to teach journalism to the members; to have the members fill the paper with news written in correct English, and to put the paper before those interested in College news.

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**PERRY CASSIDY** - - - Editor.

**W. G. CLUGSTON** - - - Managing Editor

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**R. LOWRY** - - - Assistant Business Manager  
**W. A. LURTEY** - - - Advertising Manager  
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**W. W. PREWITT** - - - Circulation Manager  
**T. P. WARREN** - - - Assistant Circulation Manager  
**F. L. MARX** - - - Sporting Editor.  
**K. UNDERWOOD** - - - Cartoonist

The following members of The Idea Syndicate issued this paper:

G. Becker, A. F. Baker, W. Obenchain, V. L. Downing, Miss Alice Cary Williams.

The following members of The Idea Syndicate will issue next week's paper:

S. C. Ebbert, W. C. Duncan, J. O. Lewis, O. H. Aird, Miss Mattie Cary.

### NEW STAFF.

The Idea next year will be far better and more interesting than it has been this year. Mr. Baird, the new editor, is all that could be desired, and qualifies exceedingly well for the position. Mr. Baird is a Junior student in the Classical department, and will have plenty of time next year to devote to the Idea. He is an active member of the Union Literary Society, and is a very capable speaker both in extemporaneous and declamatory work. He was unanimously chosen orator of the Junior class and delivered a very interesting and well chosen oration at the Arbor Day exercises in behalf of the Junior class. Mr. Baird has served a year on the Idea staff, and has become thoroughly acquainted with the working system of the paper.

Mr. Sprig Ebbert, as business manager, needs no introduction to the students of the University. He is one of the most popular students at State, having made Lamp and Cross this year. He is a member of the track team, and is a member of the Junior Mechanical class. Mr. Ebbert has had extensive business experience both here and while attending Central, where he was manager of the basket ball team and took a leading part in college affairs. Mr. Ebbert has been a member of the Idea Syndicate for the past year, and has served in the capacity of regular associate editor and as exchange editor.

The rest of the staff is well selected, being both popular and capable.

With such a staff and officers, a brilliant success awaits the Idea next year. The first two years that are the hardest and most dangerous years of a college paper's life, have been successfully passed. The Idea will enter on its third year with a balance to its credit in the bank, and with the hearty support of the entire student body.

### DORMITORY INFLUENCE.

If we were asked what one thing in our opinion is needed more at State than anything else, we would unhesitatingly reply that State needs a good dormitory more than anything else. We may take pride in the new Carnegie Library, which no one uses, and we may point out the new buildings being erected to visitors and talk of our growth, but the fact remains that State has worse dormitories than any other college in Kentucky. It may be said without exaggeration that State's dormitories are not as good as those of the Reform School at Greendale.

The buildings are old and worn out, the halls are musty, and the rooms are small, badly lighted and ventilated. There are no modern conveniences, and everything dates back a decade or two in the days in '49.

Can the daily life of a student be uplifting and noble when at night he goes to study and sleep in places that bear a close resemblance to the famous Federal and Confederate prisons of '61 and '65? Can a student get the best out of the morrow's lesson when he thinks of climbing to the third

story of a small and musty iron cot that might have done duty in a cattle ship of the California gold days in '79?

The efficiency of the student in the class room, his actions out of the class room, his social life, his very existence, is controlled to a large extent by his home life. Modern conveniences, plenty of room, light, air and neatness and good order will make healthy minded and physically good students. The moral conditions would be bettered ten times. In order for a student to have respect for his college he must have respect for himself, this can be accomplished in no better way than by giving him good rooms to live in.

Dormitory life is the real life of the University. The University at which all the students live in good dormitories close together, is necessarily the best University. All the students live on the campus, they meet and mix with each other by day and by night, and they become so that they know each other intimately.

At the University where part of the students live in rotten dormitories and part are scattered in boarding houses or fraternity houses all over a city, there can be no united college spirit. Opposition is bound to spring up, and because the students do not know each other they do not mix.

The new fraternity house that the Phi Deltas are going to build should be built on the college campus, and thus start a custom which could end in nothing but good. The students of the University must be brought closer together, they must become acquainted with each other.

Why have we no more students than we have? Why does not the number increase from year to year? Are not all the departments good? We have some of the best engineering schools in the country. No matter how famous our class work is, the young men of Kentucky are not coming to a University that has not dormitories that will furnish them the home life they are used to. That is the first and most important requisite.

A great campaign is being planned by the heads of the University to secure students for the University this summer. If this campaign were changed to one to procure a good dormitory for the University then when it is procured the students will come without being asked.

Clotho, the Campbell-Hagerman annual, was received from the publishers Friday. It is a very artistic book, of which the Seniors may well be proud.

Misses Myra and Suzanne Calvert were with their sister, Miss Marie Calvert, for Commencement week.

## Mr. Student

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**Governing Board Elects.**

The Idea Governing Board had its first meeting last week, and elected the officers for next year.

Mr. A. B. Phister, of the Junior, Mechanical Class, was elected Chairman, and Miss Cruickshank, also of the Junior Class, was elected Secretary.

The members of the Board are: Senior Class Representative, Bob Atkins; Junior Class representative, A. B. Phister; Sophomore Class representative, H. F. McKenney; Freshman Class representative, Felix; Union representative, L. E. Smith; Patterson representative, W. H. Townsend; Philosophian representative, Miss Cruickshank; Neville representative, Miss Cary Williams.

**Sophs Victorious Over Freshmen. Capt. Plummer Individual Star.**

Last Thursday the Sophomores again triumphed over their rivals, the Freshmen by defeating them in a well played game, by the score of 8 to 0.

This makes a clean sweep of all athletic contests this year for the Sophs, and the way they played Thursday would have given even the Varsity a terrible struggle.

Capt. Plummer was the individual star, holding the Freshmen well in hand during the entire game, and only once was he in danger of losing a shut-out. Besides pitching great ball, he raped out four hits out of as many times up.

Capt. Preston twirled for the Freshmen, but could not stay the Sophomore sluggers.

Shimper took charge of the receiving end, while Reese went to first; Rochester covered second and Gower made some great stops when "she" was looking on short. Vogilotti played third without an error.

The Freshmen line up was as follows: Stevens catcher; Preston, pitcher; Ligon, 1b., Carter 2b., Scott, ss., Turner, 3b., Hall, rf., Farmer cf., Richardson, lf.

**Union Literary Society.**

The Union Literary Society will hold its last meeting next Saturday night, May 28th. The Seniors will deliver their farewell addresses. A sheepskin will be presented to each graduate, who is in good fellow ship with the Society. The following men will receive their diplomas.

R. A. Edwards, I. W. Robertson, G. R. Strong, H. A. Nelson, G. R. Pope, Fred Garman, J. Frank Grimes, L. M. Allison and J. G. Estes.

The following officers were elected last meeting for the fall term 1910:

President.....J. F. Bruner  
Vice President.....O. E. Baird

Rec. Secretary.....R. W. Tinsley  
Gal Six —IDE.....  
Cor. Secretary.....W. H. Jaegle  
Attorney.....Hugh Kelly  
Librarian.....Coleman Hulett  
Janitor.....W. C. Jettor

**Staff for Next Year.**

The following persons were appointed by the Editor in Chief elect of the Idea, as members of the Idea staff for next year:

Allen McClure, a Freshman Scientific; W. B. Hager, a Sophomore Miner; J. O. Lewis, a Junior Classical; Will Collings, a Sophomore Agriculture; G. C. Meadows, a Sophomore Mechanical; M. M. Harrison, a Sophomore Scientific; N. G. Rochester, a Sophomore Classical; H. A. Babb, a Junior Education. Two more members of the staff remain to be selected, and will be chosen before the school year ends.

**Examinations On.**

All class work at the University was finished last Friday, and on Monday morning examinations for the third term were begun.

Much legal cap and many pencils are being used up this week, and the lamps burn late in the dormitories at night.

The Junior Drawing room stays open all night during examination week. Examinations will be mostly completed this week in time to finish up for Commencement.

**Last Chapel Thursday.**

The last chapel exercises of the year were held in the chapel on last Thursday. This is an annual even that is looked forward to with much anticipation, for every class takes the seats of the preceding class on that day, and every student gets to go one year higher that day whether he passes or not. The Freshmen went back to the Sophomore seats; the Sophomores went across to the Junior seats; the Juniors took possession of the Seniors' seats, while the Seniors went up and took charge of the Faculty's seats.

The chapel exercises were conducted by President Edwards, of the Senior Class.

The Jedicatory exercises of the "Kentuckian" followed the regular chapel service. These were conducted by President Emeritus Patterson, who delivered a forceful and scholarly address.

Although not many of the student body realize the fact, Ex-President Patterson is one of the most fluent and graceful speakers of this country; his choice of vocabulary and figures of speech is remarkable. Though he has made better speeches, the one he delivered Thursday was an example of what he can do.

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**A GOOD TRACK TEAM DEVELOPED.**

Very Successful Season Just Closed.

When Coach Sweetland took charge of the Track team we all expected a good one developed, but not one near as strong as he has developed this year.

With the number of candidates thinning out every day and none but the few faithful men "sticking it out," Coach Sweetland and Capt. Threlkeld have developed a team that easily won all the meets they entered in, defeating Transylvania, Tennessee, Lexington High School, Berea, Ky. Wesleyan, and would have defeated Georgetown and Central had not these two in connection with Transylvania, at the last moment, when out of pure jealousy showed "the yellow streak," and withdrawn from the Inter-Collegiate Meet.

In the dashes, Needy was strong and usually broke the tape at the finish. In the quarter, Watkins, a man developed this year, was fast as chained lightning, and won his share of points in every meet.

Captain Threlkeld ran the half mile, and although bothered with a sore ankle, showed up in his usual good form. Collins in the mile, is without an equal, and always sets a stiff sprint in the finish easily winning. Collins bids fair to be the holder of the Mile Championship of the South.

Sad to say, we were weak in the hurdles, but in the weight events we loomed up strong. Baker, Johnson and Webb took care of these, and it was due to these that we won the Tennessee Meet. In the Broad Jump, Bryant

Shanklin and "Doc" Rodes usually won first and second places respectively, and although Bryant's knee was injured in foot ball last year, he gamely "stuck it out" and is our best pole vaulter.

May, another new man, developed under Coach Sweetland, took care of the high jump, and never came worse than second.

Our Relay team, composed of Rodes, Johnson, Threlkeld, Needy and Watkins, easily outran all competitors.

The interest taken in track heretofore has been very little, and this year Manager Garvin started out with poor prospects. But the men have trained and worked faithfully, and under Coach Sweetland's able coaching, have developed from a crude bunch of green men to one of the fastest track teams of the Middle West.

The following men showed up well all during the season: Webb, Baker, Johnson, Needy, Watkins, Howard, Threlkeld, Rodes, May, Shanklin, Gnadinger and Coffee.

It is hoped that next year more men will come out and live up to the reputation made by this year's team.

**LAST CHANCE.**

Take care! If you miss it, you will regret it. This one is going to be the best yet. Everybody is going; they would not miss it for anything.

When? Thursday, June the 2d, at 3:30. Where? In the Armory. What? The Farewell Cadet Hop.

Now you know. And this very minute you are going to make your preparations for going, now aren't

you? It will be the last dance of the year—the last chance you will have to dance the "Merry Widow" and all the other good old dances with the Senior Class, and all the other college friends, but especially —ah! do not forget the especially. For three months—just think of it! The last, the very last chance!

And, oh yes, you will not dance to the tune of only a piano. No sir—ee! No piano for that dance; nothing but a good orchestra would do for that, and it will be a good one, too.

And that floor! Say, it is not going to be a floor. Honest, no joking, it is going to be a most beautiful mirror! Co-efficient of friction, equal to zero. It will not require any effort at all. Just glide down the floor with nothing to think about but the one you are dancing with—or had we better say, "One?"

Yes, Commencement Day, beginning at 3:30, and ending—oh, let's not think of the ending of it!

**Commencement Week.**

Commencement week this year will begin on next Sunday, when the Baccalaureate Sermon is given, and will end next Thursday evening, when the Cadet Hop is over.

The program for the week is:

**Sunday, May 29th:**

11:00 a. m. Baccalaureate Sermon  
 First Presbyterian Church

**Monday, May 30th,**

9:00 p. m. Senior Ball

**Tuesday, May 31st,**

8:30 p. m. Philosophian Dance

**Wednesday, June 1st,**

10:00 a. m. Class Day Exercises

9:00 p. m. Alumni Ball

**Thursday, June 2d,**

10:00 a. m. Commencement

3:30 p. m. Farewell Cadet Hop

**Senior Ball.**

The Senior Class will entertain in the Gymnasium on Monday evening with the Annual Senior Ball. The ball, this year, promises to be the most enjoyable social function of the season for the present Senior Class is famous for its hospitality.

**Chapter House.**

The Kentucky Epsilon Chapter of the Phi Delta Theta have decided to erect a chapter house for the use of the members of the fraternity. Articles of incorporation have been filed, and the members of the chapter will start to work at once to carry out their plans.

The new house will cost about ten thousand dollars if the present plans are carried out.

Three thousand graduates have signified their intention of attending Jubilee week at the University of California.

As the close of the Indiana Y. M. C. A. campaign draws near, a sum of \$2,437 and a membership of 657 is shown.

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### STATE-DE PAUW GAME.

Continued from Page 1.

Adams hit safely, took second when Bryant was hit and scored on Collins' hit. They made their last run when Overman doubled in the ninth, took second on Meadows fumble of Collins' bunt, stole third and scored on Hardin's fly to Creal.

This ended the scoring for the visitors.

Meadows scored our first run in the fourth and our second in the sixth. Burress scored in the eighth on Ellis' hit and we slipped over the winning tally in the tenth when Burress hit for a double, and scored on Bryant's poor throw to first of "Spot's" grounder. The game was fast and free of kicking and was the best seen on the local lot this season. Following is the summary:

#### Summary.

Keep up the good work Billy.

Now for Central and Georgetown.

State made three hits and four errors.

Overman and Meadows indulged in a pitchers' battle with the honors about even.

Burress' swat was timely in the twelfth.

Coach Engles will be back again next year to win another championship.

"At-a-peggin" Rees. Not one sack pilfered.

"Spot" played first as if that was his own position.

It took the fans breath away when "Gilt" knocked down that line drive.

De Pauw has a first class aggregation and should win the majority of their games on their trip.

Our three hits were divided between Giltner, Burress and Ellis.

Adams stirred for the Hoosier's getting three bingles out of five times up.

Next week is the last publication of this year's paper and we hope to report the championship won. If not—well, let's not have any ifs. We're going to get that championship.

#### State-De Pauw Game Summary.

DE PAUW—

	AB.	R.	H.	A.	P.O.	E.
Adams, 3b	5	1	3	0	3	0
Bryant, ss	4	0	0	3	1	2
Overman, p	4	1	1	2	1	0
*Collins, cf	4	0	2	0	1	0
Hardin, c	3	0	0	3	12	1
Patterson, rf	4	0	0	0	0	0
Harmon, lf	3	1	0	0	2	1
Crout, 2b	4	0	0	3	0	2
Johnson, 1b	4	0	1	0	9	1

Total ..... 35 3 7 12 39 7

STATE UNIVERSITY—

	AB.	R.	H.	A.	P.O.	E.
Burress, 2b	4	2	1	0	2	1
Johnson, ss	5	0	0	4	4	0
Meadows, p	5	2	0	4	0	1
*Giltner, 1b	5	0	1	0	9	0
Hillenmeyer, 3b	2	0	0	0	2	2
Ellis, lf	4	0	1	0	2	0
Creal, cf	4	0	0	1	2	0

Scott, rf	4	0	0	0	1	0
Rees, c	4	0	0	2	8	0

Totals ..... 37 4 3 11 30 4

\*Captain. Wild Pitch—Johnson. Hit by Pitched Ball—Johnson (Burress); Meadows. (Hardin, Bryant, Harmon). Base on Balls—Meadows, 0; Johnsons, 3. Struck Out—By Meadows, 7; by Johnson, 9. Umpire—Corbusier. Time—1:50. Attendance—200.

### THE KENTUCKIAN.

The much talked of year book, "The Kentuckian," is at last on sale, and from all indications the supply will be exhausted by the time the Commencement exercises are over.

The book in outward appearance is a handsome volume, being bound in light corduroy and blue unfinished leather, the combination representing the insignia of the Varsity and the Senior Class. The title is baked into the leather in white enamel, and is quite a neat bit of design work in itself.

The book is dedicated to the Hon. R. C. Stoll, and this alone makes the Annual worth having, since the University has not a closer friend than Mr. Stoll. His picture is done in the artistic duotype, adding to the art work.

The four classes are caricatured in their respective colors, and these plates, along with the elaborate "K" done in blue, adds quite a gay touch to the volume.

The majority of the engravings are very fine, and the pictures of the Main Building and "Pat" Hall are the finest we have ever seen. Of course, a great deal of credit is due the photographer, Mr. Volland, for these splendid effects.

It is almost impossible to edit a work like this and eliminate all errors, and so it is not at all surprising to find a few jumbled words and names in the wrong places.

Probably the most regrettable error of the book is the omission of the names of Dr. Snow and Prof. Farquar from the roll of the faculty. This should not have occurred, and shows a looseness in management somewhere.

The idea of devoting the center of the book to a write-up and picture of the retiring president, is noteworthy, and the article is more or less well done.

Taken as a whole, this year's "Kentuckian" probably ranks equal with any of previous issue.

The annual Banquet of Epsilon Chapter of Alpha Gamma Delta will take place at the Phoenix Hotel, Saturday night, May the twenty-eighth.

Yale, Princeton, Pennsylvania and Oberlin already have branches in Chicago, while Harvard and the English universities are proposing similar work.

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## HOW PHYSICAL TRAINING AFFECTS THE WELFARE OF NATIONS.

An Address Given Before the National Educational Association at Its Annual Meeting in 1907.

BY BARONESS ROSE POSSE.

(Digest by Miss Eloise Ginn.)

It has been said that the future will belong to the best educated nation. I would make this proviso, that this education has been of the body as well as of the mind.

The very first essential of power is stamina. A nation that has no endurance cannot clinch the nails it drives. A nation that is in physical decay is doomed. No matter how widespread its interests, how great its commerce, or how learned its scientists, or how wonderful its inventions, when there are many deaths, few marriages, and less births, it is but a question of arithmetic as to how soon a nation loses its power.

America has always been in the front rank in mental ability and mediocre in physical power. The average limit of life for the American man is fifty years. Women live somewhat longer. The conditions surrounding the American people are frightful, from an hygienic point of view. Among many evils are the capricious climate, greed for gold, with its mad race for fortune, that develops conditions leading to suicide, insanity, and death; the increasing appetite for pleasure, which is accompanied by theatre going, too much eating, too much drinking, too little sleep and too much nerve strain.

The last conditions attend the lives of so many club women, actors and others much in public life, who grow accustomed to sleeping with one eye open, and who eat when they can.

### Warning Against Athletics.

A serious evil growing up in our midst is the inordinate rage for athletics among growing boys. Neither boys nor girls should indulge in violent exercise unless they are in regular gymnastic training, under the supervision of some expert who knows just how much exercise can be taken by each individual without harm. While the exclusion of athletics from secondary schools is by no means advisable, yet it should only be permitted along with a gymnastic training, which makes all the organs perform their duties without overstrain to any one part.

### What is Physical Training?

It is putting into use all the parts of the body so that no one part shall be used at the expense of any other part, but so that all shall receive a sufficient amount of exercise to enable all the functions of the vital organs to be performed harmoniously and healthfully.

Nature herself in developing the child's body makes it manifest that each set of cells shall have its own share of usefulness by causing the child by his continual movement, to bring into play first one and then another set of muscles.

The French scientist who claims to have discovered the secret of eternal youth, bases his theory upon this same fact, that could we call upon all the cells

of which our body is composed, to do equal amounts of work instead of wearing out one set while we ignore the existence of other sets, life might be prolonged indefinitely.

### Death Caused by Inactivity.

Old people, long accustomed to active work, on giving it up often die. This is not because their tissues are worn out, but because the body was long accustomed to exercise, and when the exercise is withdrawn nourishment fails to be properly distributed, and death follows.

Athletes should never suddenly give up athletics and go into business, because the heart, stopped from its long accustomed exertion, will not easily adapt itself to new conditions, and death is apt to result. When the amount of exercise one is taking has to be lessened, it must be done very gradually to prevent harm.

### The Wonderful Discovery of Ling, the Swede.

A hundred years ago the Swede, Ling, discovered the one arrangement of exercises that is efficacious in physical development, and that though a century has elapsed has never been improved upon, and a departure from which will only be a step backward. The bodily training of the youth of today should be based upon the old but very scientific principles of Swedish gymnastics.

### Gymnastics Nature's Preventive Against Disease.

Nervous prostration, rheumatism, anemia, neuralgia, gout, insomnia, and colds of every form may be prevented by the use of properly applied gymnastics, and even though fully developed they may be cured with due time and patience. Gymnastics is Nature's preventive against disease.

### America Needs More Gymnastics and Less Athletics.

Americans have always excelled in deeds that called for a sudden spurt and nervous effort. But they are found far inferior in any call for long endurance. Athletes die early.

Children from the kindergarten up should be given systematic gymnastic training, not in the school rooms, but in places fitted out for that purpose, where the total change of scene and surroundings will take away all constraint. As the child grows to manhood he assumes certain regular habits that cause part of his muscles to be used out of all proportion to the rest of the body. Such persons should make it their habit on returning home at night to take such exercise as will draw the blood from congested parts, and by relieving the congestion allow equal rest to the other parts of the body.

### Gymnastics Compulsory in Sweden and Germany in Army, Navy, Etc.

In all the Government departments of Sweden and Germany, the Ling system is recognized, and in all civil departments of these countries gymnastics are compulsory. In the rural districts, where there is no organized system there is a noticeable difference in physique. In France the death rate is so enormous, compared to the birth rate, that the whole nation has gone mad on the subject of gymnastics in the hope of rebuilding the decaying nation. Clubs have been formed all over the country, and

they will finally accomplish their end if they persevere.

All the nations of the world are awakening to the fact that constant physical training is the great secret of giving power to the coming generations; that perfect physique and perfect health alone make the finest armies and navies, in which lies the power of nations.

### America Sins Against Her Children

It is the duty of America not to be behind in these matters. All schools should be made to give systematic gymnastic training. It should be made compulsory by the government, and not be left to school committees, or to the whim of teachers.

### Gymnastics Heighten Sex Characteristics

Gymnastics have a direct influence upon heightening the sex characteristics of man and woman. No powers of association, propinquity or habit will ever overcome the instincts of sex. There need be no fear of a woman becoming masculine because she is permitted all the gymnastic training given to men. On the contrary, she will be made more womanly. Both men and women will become better fitted for the responsibilities of parenthood, and step by step each succeeding generation will mount higher and higher toward the ideal of physical perfection.

### Intellectual Attainments of Ancient Greeks Ceased When They Gave Up Gymnastics.

While the ancient Greeks kept faithfully at their daily practice of gymnastics they continued to be the most powerful nation in the world. They have left indelible prints upon the pages of history. But when they became negligent of their bodies their fame ceased.

So if we would become the most powerful as well as the best educated of nations, we must have physical training made compulsory for every child up to a certain age, and we must cultivate the love of exercise so that after it has ceased to be compulsory it will be practiced from a sense of duty, of duty to ourselves, to our country, and to the coming race.

## MECHANICAL PICNIC.

On Saturday, May 21st, all classes were suspended in the College of Mechanical Engineering, and the students of that department went down to High Bridge on a picnic.

Each fellow took the girl he liked the best, or his wife, as the case might be.

Among the faculty who accompanied the party were Profs. Anderson, Frankel, Wilson, Zembrod, O'Roark, Colonel Corbusier, Robt. Allen, from the Experiment Station, and Instructors Downing, Joe and Jack Dicker, Nollau, Elam and Townsend.

Mrs. Corbusier, Phyllis, Mrs. Downing, Mrs. Allen, Mrs. Zembrod, Mrs. Marshall and Mrs. O'Roark chaperoned the picnicers to the entire satisfaction of all present.

The Q. & C. Railroad furnished transportation to the entire party free of charge, giving them three special coaches.

There are very few railroads which are this liberal, and all who went declared that the Q. & C. fully deserved the reputation and position it now has—the best railroad in the South.

The object of the picnic was to have a good time, but individually we wanted to see the new bridge which is being built.

We left Lexington at 10 a. m., and arrived at High Bridge about 10:40.

Shortly after arriving, Mr. Daugherty, Chief Engineer of the road, gave us an interesting lecture. He said that the impression had gotten out that the present bridge was unsafe for the loads they are taking over it, but this was a mistake. However, the loads which they desired to carry would be too heavy, and for this reason the new bridge was being built. It will be constructed on the same piers on which the old bridge rests, and will be completed without stopping a train.

He then told us of some of the technical difficulties involved and how they were remedied.

The crowd then dispersed in parties and prepared for dinner.

Prof. Anderson had told us to tell our girls that we would furnish the transportation if they would fix up three or four dollar's worth of lunch, and from the way Lee and Sprigg ate it seemed that some of the girls at least had fulfilled their part of the contract.

Then the real picnic began. Some went out in the motor boats, some found row boats built for two (only), and went up and down the river far from the maddening crowd.

There were cliff climbers, cave dwellers, bridge players, ball players, and numerous other classes, but all enjoyed themselves. There happened to be enough members of the Glee Club along to entertain the crowd while they were on the train.

When the train went in the tunnel it is said that Miss Netterton said: "Oh, stop!"

An incident that caused a good deal of merriment happened at the depot that morning.

A young man was standing beside a satchel, upon which was printed: "A man from Transylvania needs no introduction."

Accordingly the crowd lined up and passed in front of him introducing themselves, etc. He stood it until the young ladies passed, and then turned his satchel around.

At 6 p. m. we started home. All joined in declaring that we had the time of our lives, and that the Q. & C. was the greatest railroad in the country. Here's to our picnic! May it occur every year!

—(James Cary.)